

HIGH BLOOD PRESSURE

***** PLEASE, TO TREAT THIS DISEASE USE “THE IMMUNE SYSTEM TREATMENT PROCESS” INSTEAD OF THIS ONE *****

11/6/20025

ANALYSIS:

The systemic or comprehensive nature of the disease is evident not only in its effect on the body, but also in the set of actions that must be taken in order to eliminate all of the effects observed through a simple blood pressure measurement. For this reason, the treatment also takes a universal approach and aims to eliminate the disease in all of its dimensions: a. Everyday aspects, b. Comprehensive or whole-body aspects, as shown in the treatment plan below.

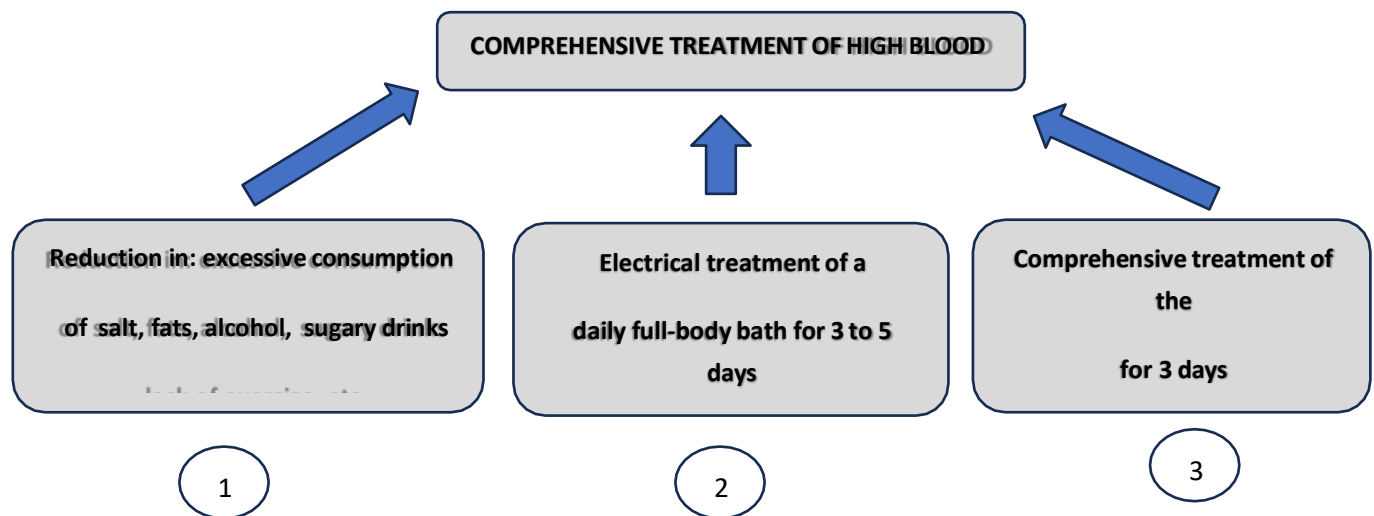


Figure 1. Phases for treating high blood pressure.

PHASE 1. The first option requires common sense and observing not to eat more of these nutrients than a healthy person does, or if this is impossible to do on your own, consult a nutrition specialist to recommend a normal diet.

PHASE 2. To apply the second technique, the same one used for the treatment of HIV is used, as shown below:

STAGE 2. FULL-BODY HYDROELECTRIC TREATMENT.

For this part, you must have a sturdy plastic tub, which is an insulating material and encloses the process from the outside, preventing current leaks. It must be able to support the weight of the water and the person. To avoid accidents, the tub should always be installed in the bathroom, under the shower. On the other hand, TENS uses a 9-volt battery that is very unlikely to cause serious harm to the person, as the electrical treatment is not connected to the home's power supply. The important thing in the treatment is to carry it out in a completely safe manner, both for the infected person and for the family members who apply it; therefore, the following conditions must be met:



Figure 2. Image of a plastic tub suitable for hydroelectric treatment.

PRECAUTIONS:

- a. Use a plastic tub such as those shown in Figure 2, either for full-body coverage; the approximate measurements for the first one are: 50 cm wide by 90 cm long and 50 cm high.*
- b. The tub built into the shower should not be used, as in such cases the current flows from the water to the ground at the drain outlet or water inlet and passes little through the body without eliminating the virus.*

- c. *The tub should also not be placed in the living room or bedroom, as there is always the possibility that the tub could break or spill, reaching electrical outlets connected to the house's power supply and electrocuting anyone in contact with the water:*

"The tub should be placed in the bathroom."

- c. *The areas of the knee where the pads will be placed must be completely dry to prevent the current from flowing from the water in the tub to the opposite pole through wet skin and not penetrating the body as desired.*
- d. *If the person uses a pacemaker or has a heart condition, they MUST NOT UNDERGO THIS TYPE OF TREATMENT, or consult their doctor.*

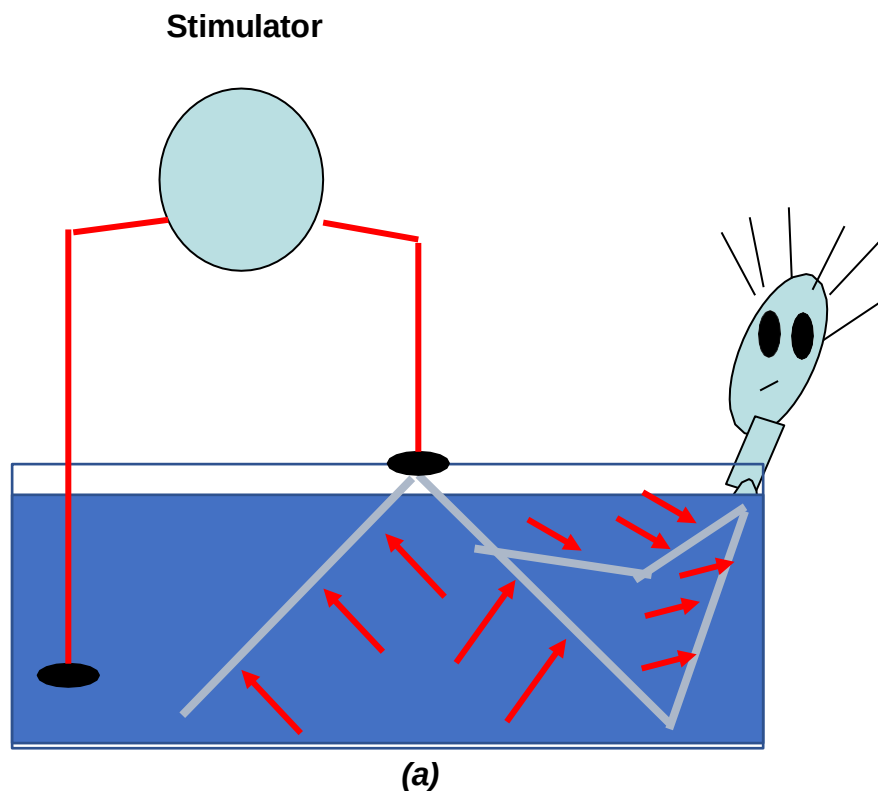


Figure 3. Full-body hydroelectric treatment; (b) Treatment of abdomen and chest, legs out of the water. The current penetrates each point of the skin

conducted by the water until it reaches the other pads on the knees, which are out of the water.

Position of the electrodes.

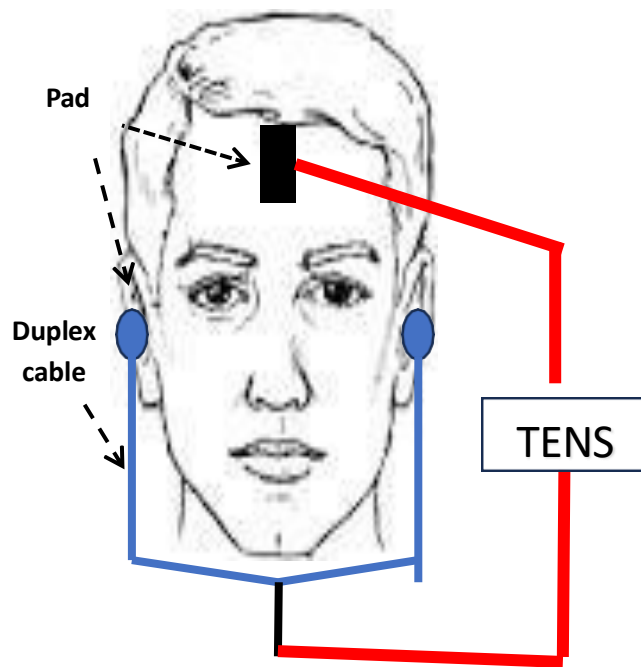
- ***The positive electrode (red tip) is submerged in the water without a pad connected to it.***
- ***The other two 5 x 10 cm electrodes, both with the same polarity, are attached to each of the knees that are out of the water; both knees and the surrounding area must be completely dry to prevent the current from being diverted and not penetrating the body.***

PHASE 3. COMPREHENSIVE CNS TREATMENT.

This is the same as that used for Alzheimer's or epilepsy, with the aim of lightly sweeping the entire brain mass for a period of 30 minutes daily for 5 to 10 days, depending on the progress of the treatment.

TREATMENT PROCESS.

Pad position diagram:



(a)



(b)

**Figure 4a. Pad position in treatment using the frontal suture and auditory pair;
4b. Pads in the center of the forehead using the frontal suture and the nape of the neck.**

Treatment time:

- a. **Between ears and forehead - 10 minutes.**
- b. **Between forehead and nape of the neck - 10 minutes.**

TREATMENT OF THE CEREBRAL HEMISPHERES

The current always flows from the positive electrode to the negative electrode, that is, from the red pad to the black pad; in electrical treatment, it does not matter which polarity (positive or negative) is placed on a part of the body, what is relevant for the treatment is that the current crosses the damaged part of the body to heal it. For example, in figure (1.a), a pair of pads are placed in the nostrils using a Duplex cable as shown in figure 3. This forces the current to penetrate both nostrils and ascend through the nasal terminal pair, which penetrates directly into the brain, travels through both cerebral hemispheres, and goes to the two pads placed on the back of the neck using the other Duplex cable, covering the entire neck: left, right, and center (Fig. 2).

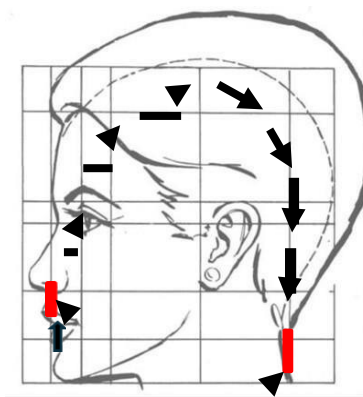


Figure 5. Current path with pads in the left nostril and left side of the back of the neck.

This treatment requires two cables as shown in Figure 0.

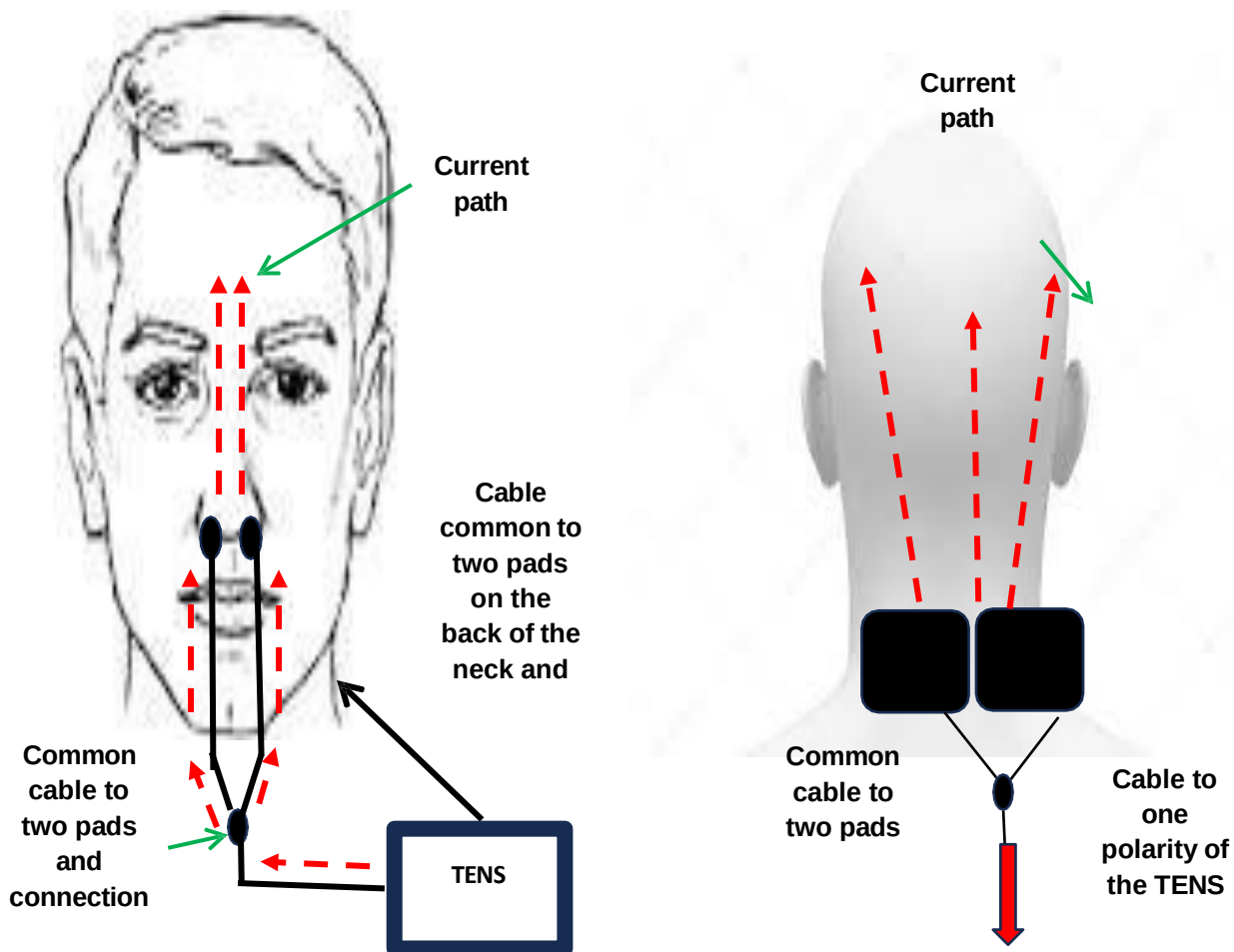


Figure 6. Stimulation of both sides and central part of the brain using the olfactory pairs and two pads on the back of the neck.

TREATMENT:

Current intensity.

As with almost all procedures, increase the current intensity until it is perceived, then lower it very slightly until it is no longer perceived and treat at that position or intensity.

PAD SIZE.

In the nostrils. Use round pads measuring 2 or 2.5 centimeters in diameter rolled up, as they are easy to insert; 3.5-centimeter round pads can also be used,

as they are more common on the market and do not need to be inserted completely—just half or a third of the way into the nostril—and press the pad with your finger from outside the nose without touching it.

On the back of the neck. Preferably use 10 x 5 cm pads to cover the entire width of the back of the neck (it does not matter if the pads touch, as they are connected to the same polarity), but 5 x 5 cm pads can also be used.

Stimulation.

Place a small round pad rolled up in both nostrils and another pair of square or rectangular pads to cover the back of the neck without touching each other, as shown in Figure 3, and stimulate for 20 minutes.

SPINAL TREATMENT

Current intensity.

As with almost all procedures, increase the current intensity until it is felt, then lower it very slightly until it is no longer felt and treat at that position or intensity.

PAD SIZE.

In the nostrils. Use round pads measuring 4 x 8 or 5 x 10 cm.

Treatment time: 10 minutes



Figure 7. Treatment of the spine.

Stimulation.

Place a small round pad rolled up in both nostrils and another pair of square or rectangular pads to cover the nape of the neck without touching each other, as shown in Figure 3, and stimulate for 20 minutes.

CREATING A CABLE TO CONNECT TWO PADS TO A SINGLE POLARITY

The construction is very simple and the treatment will require two similar cables, which we will call "**Duplex**," made by following the steps below:

1. Obtain a piece of cable and strip it at both ends and in the center, as shown in image 0.
2. Insert each end into the input of both pads.
3. Obtain an alligator clip cable from any electronics store and connect one end to the center of the cable.
4. Connect the other end of the alligator clip cable to one end of the TENS unit, as shown in figure 0; this will give both pads the same polarity - **Duplex**.

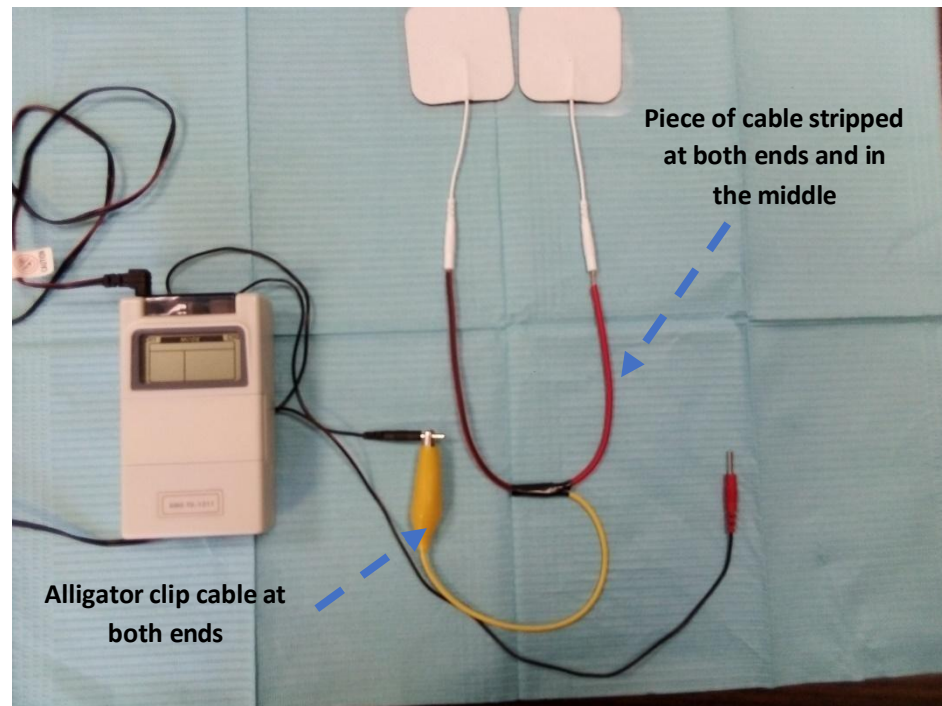


Figure 8. Connection of two pads to the same polarity - Duplex.

NOTE. There are already TENS devices that have four output cables; that is, eight simultaneous pads, but the first two receive the same signal, which is exactly what is desired in the above treatment where the pads inside the nostrils have the same polarity and those on the back of the neck have the other; A Chinese TENS unit such as the MH1087 model is suitable, using the DIY (DO IT YOURSELF) stimulation option, which controls both the intensity and the time and frequency. In this mode, a NORMAL OR CONSTANT signal is sent, as required in all treatments.